



*Personal Care,
Convenience &
Professional Quality!*

Managing Your Care

THE RECOVERY PHASE OF YOUR CARE

- The recovery nurse will ask you about any pain you may have. You will be asked to use a pain scale to communicate your pain. For pain management to work, we need to have some way to help us understand how much you are hurting. You will be asked to use a "pain rating scale" to do this.



No
Pain

Definitely
Hurts

Writhing Agony

0 2 3 4 5 6 7 8 9 10

When you are asked to take medication, especially a new one, ask what it is for and its side effects. This will ensure that you are receiving the correct medication. If you have questions or concerns about any medication, ask your doctor or nurse.

If you are given IV (intravenous) fluids, you may ask your nurse how long it should take for the liquid to "run out". And tell your recovery nurse if it does not seem to be dripping properly (too fast or too slow).

The day after your discharge you will receive a post-op phone call to see how you are progressing. Be sure to express any concerns you may have. There are no questions too insignificant that they cannot be asked.

Remember to follow-up with your doctor about any therapy or medicines that you may need in your recovery and when you can resume certain activities, like work, exercise or travel.

**At the Findlay Surgery Center we strive to make
health care safety a priority.**

If you have any questions or concerns about your care or safety,

**please talk to your nurse. Keep asking questions until you are
satisfied.**